



Orange Belt General Knowledge

The Eight Key Concepts-English & Korean

Courage - *Yong Gi*

Concentration - *Chung Shin Tong Il*

Endurance- *In Neh*

Honesty- *Chun Jik*

Humility- *Kyum Son*

Control of power - *Him Cho Chung*

Tension & Relaxation - *Shin Chook*

Speed Control - *Wan Gup*