



**Orange belt, Orange belt blue/stripe, Green belt, and  
Green belt /blue stripe Terminology**

**Korean**

**English**

Soo Do

Open Hand

Yuk Soo Do

Reverse Open Hand

Sang Soo

Two Handed

Hu gul Jaseh

Back Stance

Chungle Jaseh

Front Stance

Ahneso/Pahkero

Inside/Outside

Pahkeso/Ahnero

Outside/Inside

Dwi

Back

Ee Dan

Jump